

Declaration of Competence for pharmacy services

Stop Smoking Intervention Service

Stop smoking adviser

Pharmacist supply of prescription-only medicines via a
patient group direction (PGD)

The Declaration of Competence system

A separate document entitled *A guide to using the Declaration of Competence (DoC) system* is published on the CPPE website. It contains more information about the DoC system, how to use it and how to complete the DoC statement. If you are new to DoC or would like a reminder of this information, visit the [CPPE website](#).

Keeping up to date

To provide the Stop Smoking Intervention Service you should complete the following Declaration of Competence framework at least once every **two years**.

Note: This DoC is not intended for use for supply against a voucher where the client has had behavioural support from another person.

Section A – Declaration of Competence framework

Note: Although you may not be preparing to provide a commissioned service for Stop Smoking Intervention, the Declaration of Competence system can be used as a development tool to ensure you are competent in this subject area, as part of your daily practice.

Core competencies

1. Do you meet or are you **actively** working towards the Consultation Skills for Pharmacy Practice: Practice Standards for England, as determined by Health Education England?

Yes, because I have:

2. Do you meet the competencies expected of all healthcare professionals with regard to safeguarding children and vulnerable adults?

Yes, because I have:

Service-specific competencies: Are you/Do you?

Statements should be supported by appropriate evidence whenever possible. If the learning you have completed applies to more than one competency, you do not need to repeat this information. You can use this table for your own self-assessment purposes; you only need to submit this part of the DoC if your commissioner asks for it.

FIRST LEVEL OF SERVICE

This first level covers the provision of a Stop Smoking Intervention Service without the supply of prescription-only medicines (POM) under a PGD.

a. Do you understand smoking prevalence and patterns to enable an understanding of target groups and demographics?

Yes, because I have undertaken the following:

b. Can you describe the health risks of tobacco use and second-hand smoke, how tobacco dependence develops and the process and benefits of stopping with an appreciation of the challenges to quit?

Yes, because I have undertaken the following:

c. Are you able to assess a client's current commitment, readiness and ability to quit throughout the quitting process whilst identifying barriers and relapse triggers and supporting a client in maximising self-regulatory capacity and skills?

Yes, because I have undertaken the following:

d. Can you assess a client's current and past smoking behaviours, including past history of quit attempts or use of other nicotine-containing products (e.g. e-cigarettes)?

Yes, because I have undertaken the following:

e. Can you explain and assess a client's current self-reported and carbon monoxide-validated smoking behaviour and deal appropriately with any discrepancies that may arise between these?

Yes, because I have undertaken the following:

f. Can you assess a client's level of available social support, advise on the use of this support and advise the client how to manage themselves around their contacts who smoke?

Yes, because I have undertaken the following:

g. Are you able to assess a client's degree of nicotine dependence using validated tools such as the Fagerström Test for Nicotine Dependence (FTND)?

Yes, because I have undertaken the following:

h. Can you assess a client's nicotine withdrawal symptoms including a pragmatic assessment of psychological state (depressed mood) insofar as it is relevant to the quit attempt?

Yes, because I have undertaken the following:

i. Can you provide appropriate evidence-based advice and options regarding stop smoking medication and devices, with an emphasis on client choice and preference, including referral pathways to other specialist services/prescribers where necessary?

Yes, because I have undertaken the following:

j. Can you assist the client in setting and reviewing goals, including a quit date for abrupt smoking cessation?

Yes, because I have undertaken the following:

k. Can you explain the client pathway through the programme, including the expectations of the client accessing the treatment programme?

Yes, because I have undertaken the following:

l. Are you able to apply effective motivational interviewing techniques within the consultation to facilitate behaviour change?

Yes, because I have undertaken the following:

Commissioner requirements

Consider the following commissioner requirements. If you are a pharmacist and wish to provide prescription-only medicines using a patient group direction please complete this section before moving on to the additional competencies for the second level service.

| Action | Competency | Date completed | Date review due |
|--|------------------------|----------------|-----------------|
| Have a working knowledge of the most recent service documents relating to provision of the service, including: <ul style="list-style-type: none"> the service specification administration and claims procedures, etc. | m, n, o, p (see below) | | |
| Have a working knowledge of the current PGD and agree to work under its provisions. | m, n, o, p (see below) | | |
| Review and/or develop relevant standard operating procedures (SOPs) and policies in your practice | q (see below) | | |

SECOND LEVEL (pharmacist only)

This level expands on the first level competencies where the Stop Smoking Intervention Service uses PGDs. This second level must be completed by a pharmacist providing prescription-only medicines via a PGD.

m. Do you understand the pharmacotherapy for the full range of available medicine(s) in the PGD and the appropriate clinical guidance (eg, NICE)?

Yes, because I have undertaken the following:

n. Do you understand the legal implications and professional responsibility of using a PGD?

Yes, because I have undertaken the following:

o. Are you able to demonstrate knowledge of the clinical content of the relevant PGD(s)?

Yes, because I have undertaken the following:

p. Do you satisfy the NICE competency framework for health professionals using PGDs?

Yes, because I have undertaken the following:

q. Are you able to support and develop the pharmacy team in the provision of a safe and effective service?

Yes, because I have undertaken the following:

Section B – Recommended learning and assessment

The National Centre for Smoking Cessation and Training (NCSCT) has been established by the Department of Health to help local Stop Smoking services in England to deliver high-quality behavioural support by providing assessment, certification, training and continuing professional development for Stop Smoking practitioners. It is likely that all providers of national Stop Smoking services will need to gain NCSCT certification in order to be commissioned to provide NHS services. Further information is available at the NCSCT website: www.ncsct.co.uk. This online training programme can be accessed through CPPE.

- Pharmacy professionals wishing to become a smoking cessation adviser providing a Stop Smoking Intervention Service as a locally commissioned service will require full NCSCT certification status (or equivalent). In addition, you may need to attend a local workshop and/or observation of practice as stated in the service specification.
- Pharmacists wishing to supply prescription-only medicines (POMs) via a patient group direction (PGD) must complete PGD training as stated in the service specification and/or PGD.

Table 1.1 contains details of the learning and assessment available to support you in meeting the core professional competencies within the self-assessment framework.

Table 1.2 contains details of CPPE learning programmes and assessments you can use to help develop your skills and knowledge to satisfy the service-specific competencies in the self-assessment framework.

Table 1.3 provides information on the NCSCT training whilst Table 1.4 contains other associated learning, for example, if the service includes a PGD.

Information relating to learning acquired from other training providers can be entered in Table 1.5.

1.1 Learning and assessment to meet core competencies

| Training/learning | Core competencies linked to the DoC framework |
|--|---|
| CPPE <i>Consultation skills for pharmacy practice: taking a patient-centred approach</i> distance learning | 1 |
| CPPE <i>Consultation skills: what good practice looks like</i> e-learning | 1 |
| <i>Consultation skills for pharmacy practice</i> website | 1 |
| CPPE <i>Consultation skills for pharmacy practice</i> e-assessment | 1 |
| CPPE <i>Safeguarding children and vulnerable adults</i> e-learning | 2 |
| CPPE <i>Safeguarding children and vulnerable adults</i> public health workshop | 2 |
| CPPE <i>Safeguarding children and vulnerable adults</i> e-assessment | 2 |
| Health Education England <i>Spotting the signs of child sexual exploitation</i> | 2 |

1.2 CPPE programmes, workshops and assessments you could access if required

| Training/learning | Service-specific competencies linked to the DoC framework |
|--|---|
| CPPE <i>Stop smoking</i> workshop | b, c, d, f, g, h, i, j, l |
| CPPE <i>Learn about stop smoking support</i> guide | This guide acts as a signposting resource to support you in meeting some of the competencies listed in Section A. Competencies are dependent on the resources accessed. |
| CPPE <i>Patient group directions</i> e-learning and e-assessment | n, o, p |

1.3 NCSCT and local commissioner programmes, workshops and assessment you may be required to access in line with the local service specification

| Training/learning | Service-specific competencies linked to the DoC framework |
|---|---|
| National Centre for Smoking Cessation and Training (NCSCT) online training and assessment programme (core knowledge and skills formerly known as stage 1 and stage 2). (Pharmacy professionals should register via CPPE not directly with NCSCT as the pharmacy learning programme has been tailored accordingly and those entering via CPPE will have the learning show up against their CPPE record.) | a, b, c, d, e, f, g, h, i, j, k, l |
| Locally commissioned/NCSCT face-to-face training course on behavioural support. | c, d, e, f, g, h, i, j, k, l |

1.4 Other associated learning you may wish to access

| Training/learning | Service-specific competencies linked to the DoC framework |
|--|---|
| <u>NICE MPG2: Patient group directions</u> | n, o, p |
| <u>NICE competency framework for health professionals using patient group directions</u> | n, o, p |
| NCSCT <i>Very brief advice</i> e-learning (access via CPPE) | i, j |
| NCSCT <i>Very brief advice on second hand smoke</i> e-learning (access via CPPE) | b |
| NCSCT <i>Medication module</i> e-learning (access via CPPE) | i |
| <u>NCSCT – Mental health module</u> (can only access if passed core knowledge and skills assessment) | h, j |
| <u>NCSCT – Pregnancy module</u> (can only access if passed core knowledge and skills assessment) | i |

1.5 Learning and assessment completed from other training providers

You can complete training courses and workshops delivered by other trainers, provided that they deliver the equivalent knowledge and learning outcomes to meet the competencies in Section A (as with the CPPE programmes listed). You should list non-CPPE learning and assessments you have completed in the table below. Please also list any practical training courses attended here.

| Training/learning/competencies/assessment (list below) | List competencies covered from DoC framework |
|---|---|
| | |

SPECIMEN

Section C – Tools to support your professional development

The following reference guide includes professional standards and frameworks referred to in *A guide to using the Declaration of Competence (DoC) system*. Working through the reflective process of the DoC system will support you when considering these standards and frameworks to develop your practice and progress in your career.

1. Royal Pharmaceutical Society (RPS) Professional Standards for Public Health Practice for Pharmacy

The Declaration of Competence aligns to the following standards to support you in developing your services:

- Standard 3.0 Assessing the evidence of effectiveness of health and healthcare interventions, programmes and services
- Standard 4.0 Health improvement
- Standard 5.0 Health protection
- Standard 6.0 Health and social service quality (also known as healthcare public health)
- Standard 8.0 Strategic leadership and collaborative working for health
- Standard 9.0 Academic public health

2. Consultation Skills for Pharmacy Practice: Practice Standards for England

3. RPS Foundation Pharmacy Framework

4. RPS Advanced Pharmacy Framework (APF)

5. APTUK Foundation Pharmacy Framework

Reassessment of competence

Pharmacy professionals are responsible for reassessing their competence to provide this service on an ongoing basis by responding to new guidance, standards and any relevant new learning programmes and assessment. In addition, you should complete the DoC system at least once every **two years**. This should involve revisiting the self-assessment of competencies, reflecting on each competency and identifying personal learning needs to assure self-declaration again at this point. Where changes are introduced to the service, pharmacy professionals will need to update themselves as part of their usual CPD.

Specimen Declaration of Competence statement to provide a Stop Smoking Intervention Service

| | |
|------------------------|------------|
| Pharmacy professional: | John Smith |
| GPhC number: | 20202020 |

CPPE learning and assessment

The above pharmacy professional has accessed the following learning and successfully completed the listed assessment(s) from the Centre for Pharmacy Postgraduate Education (CPPE).

Stop Smoking Intervention Service

This section will list personalised information on CPPE learning programmes and assessments and dates accessed and completed.

NB: e-learning and distance learning programmes are verified by successful completion of the associated assessments.

Learning and assessment completed from other providers (please add below)

Declaration by pharmacy professional: I declare that (please tick, as appropriate):

| | |
|--|--|
| I meet the underlying professional core competencies outlined in statements 1 and 2. | |
| I have completed the self-assessment framework of service-specific competencies for the First Level Stop Smoking Intervention (non-PGD) Service and answered yes to ALL of the statements a to l. | |
| I have reviewed the local policies and documentation from commissioners for this service and reviewed and/or developed relevant SOP(s) in my practice. | |
| The information above is a true representation of my learning and assessment. | |
| I have the necessary knowledge and skills to provide the Stop Smoking Intervention Service and can demonstrate these skills. | |
| For PGD services only: I am a pharmacist who will supply treatment under the PGD element of the service and have completed the self-assessment framework of service-specific competencies and answered yes to statements m to q. | |
| For PGD services only: I am a pharmacist and have signed and attached a copy of the relevant PGD(s) for this service which cover(s) the supply of the following medicine(s): | |

Signature of pharmacist/pharmacy technician (delete as appropriate):

Date:.....